

## Parish Staff

<i>Parochial Administrator</i>	
Rev. Michael Daly	729-7344
<i>Pastor Emeritus</i>	
Rev. Richard Villano	729-7344
<i>Director of Pastoral Care</i>	
Virginia Tschida	729-7344
<i>Director of Religious Education</i>	
John Sondag	729-7321
<i>Religious Education Secretary</i>	
Nancy Stauner	729-7321
<i>Director of Music</i>	
David Bartlett	651-239-6914
<i>School Principal</i>	
Ellen Rian	729-9301
<i>Parish Secretaries</i>	
Elaine Bruce	729-7344
Polly Millea	729-7344
<i>Business Manager</i>	
Lisa MacKenzie	729-7322

## Sunday Mass

<i>Saturday</i>	4:00 P.M.
<i>Sunday</i>	8:30 and 10:00 A.M.

## Daily Mass

Monday through Saturday 8:00 A.M.

## Holy Day Mass

<i>Evening Before</i>	5:30 P.M.
<i>Holy Day</i>	8:00 and 10:00 A.M.

## Sacrament of Penance

*Saturday* 3:00–3:30 P.M.

## Sacrament of Baptism

A Baptism Preparation Program is required for all registered first-time parents. Please call the Director of Pastoral Care.

## Sacrament of Marriage

The bride or groom must be an active registered parishioner for at least six months prior to scheduling a wedding at St. Helena.

## Nursery

Services available during the 10:00 A.M. Sunday Mass.

## Parish Registration

To register in the parish, please fill out a registration form and return to the Parish Office. Registration forms are available at the entrances of the Church. Return completed form to the Parish Office.

**Email:** [church@sainthelena.us](mailto:church@sainthelena.us)  
**Website:** [www.sainthelena.us](http://www.sainthelena.us)

# The Church of St. Helena

**Twenty-Fourth Sunday in Ordinary Time**  
**September 12, 2021**

*He summoned the crowd with his disciples and said to them, "Whoever wishes to come after me must deny himself, take up his cross, and follow me. For whoever wishes to save his life will lose it, but whoever loses his life for my sake and that of the gospel will save it."*

-Mk 8:34-35



3204 E 43rd St • Minneapolis, MN 55406-3858 • (612) 729-7344

**THE WORD**

There's a supposedly true story of an elderly priest who was not known for stellar work habits going into visit with his bishop. He said to the bishop, "I've been thinking about retiring." And the bishop responded, "From what?"

The truth is painful! Although this story is humorous, it hints of the toxic mindset in our society that advocates: "I want to be free to do what I want whenever I want." We see this attitude in some people when they retire. They are absolutely without any spiritual goals. And the sad thing is our Lord's Kingdom needs to be built up.

Oh, they'll say I want to get to Heaven (and that's good) and I want to avoid sin (that's also good), but I'm not concerned with virtue. That's like saying I want to win the basketball game, and I'm going to win by not committing any fouls but I'm not worried about scoring any points.

Our Lord has a magnificent plan, and He has commissioned us by our Baptism and Confirmation. We will be rewarded by how much we have loved God and neighbor, but, of course, this takes a certain amount of planning, goal setting, struggle and sacrifice. Love is seldom easy.

That's why the Gospel for this Sunday has so much pertinence for today's culture. Our Lord lays it on the line, "Whoever wishes to come after me must deny himself, take

up his cross, and follow me. For whoever wishes to save his life will lose it, but whoever loses his life for my sake and that of the gospel will save it."

St. Josemarie Escriva has some poignant words to say about the use of our time (even as he does write about and advocate our need for recreation). "We should never have time on our hands, not even a second—and I am not exaggerating. There is work to be done. The world is a big place and there are millions of souls who have not yet heard the doctrine of Christ in all its clarity. I am addressing each one of you individually. If you have time on your hands, think again a little. It's quite likely that you have become lukewarm; that, supernaturally speaking, you have become a cripple. You are not moving, you are at a standstill. You are barren, you are not doing all the good you should be doing to the people around you, in your environment, in your work, and in your family." (*Friends of God*, page 63).

Does this sound like the American Dream? Losing our life for the Lord's sake and for the sake of the Gospel needs to fit into our plans—even when it's inconvenient!

John Sondag  
Director of Religious Education

**SACRED HEART OF JESUS AND IMMACULATE HEART OF MARY PICTURES ARE HERE**—Please stop by the Parish Offices to pick up your pictures if you did not receive them at the Mass. A twenty dollar donation is suggested for the two pictures, however, no one will be deprived of these pictures because of finances.

**WANTED: GOODS FOR THE GENERAL STORE BONANZA**—The following items for the "Autumn Daze" General Store Bonanza are needed: bottles of merchandise (such as detergent, syrup, and orange juice), canned goods or dry goods. Please bring them to the back of the church or the Parish Offices. Items should not have expiration date before October 31st.

**BOTTLES OF WINE FOR THE FESTIVAL**—Purchase several bottles of wine to give to "Autumn Daze." We can use the wine for the Wine Walk, the Wine Toss, for Baskets, or other areas of the festival. Bring the wine to the Parish Offices.

**CANNED VEGETABLES OR HOMEMADE JELLIES**—Bring some of your canned summer vegetables and/or your homemade jellies to the "Farmers' Market" at "Autumn Daze" to the school on the days of the festival.

**CROCHETED, EMBROIDERED, OR KNITTED ITEMS**—Bring your donated crafted items to the Festival, or the Parish Offices.

**DAILY ROSARY BEFORE THE 8:00 A.M. MASS**—All are invited to say the Rosary at 7:25.

**SIGN UP FOR AN HOUR OF EUCHARISTIC ADORATION**—Call Barb Kaluza (612-721-2504) to sign up for an hour of Adoration on Fridays from 9:00 A.M. to 5:00 P.M. However, all are welcome to come at anytime during the Adoration.

**BOOKS, BOOK, AND MORE BOOKS**—Give your good, used books (fiction or non-fiction) to the "Autumn Daze" Bookstore. No romance novels, please. You can bring them to the Parish Offices, but if you need them picked up, call 612-275-0431.

**TWO-LITER BOTTLES OF POP**—Bring two-liter bottles of pop to the Parish Offices for "Autumn Daze."

**FOOD SHELF**—Thank you all for all the donations. The amount collected each week is amazing and heartwarming. It's hard to believe it is back to school time. Here are just a few suggestions for a quick breakfast or school lunches. Oatmeal, peanut butter and jelly, granola bars, fruit snacks, pudding and jello cups, healthy snacks, crackers and juice boxes. Of course all items that are donated are greatly appreciated, these are just suggestions.

**2021 AUTUMN DAZE 10,000 RAFFLE**—We are one week of the Festival at St Helena, and the first round \$10,000 Raffle's 200 tickets are all but gone. So, if you want to participate in the first round, now's the time to stop by the Parish Offices or call 612-729-7344, 651-260-5722 or 612-275-0431 to purchase a ticket. Each ticket is still \$100. The winner receives \$10,000 (or half the amount of the receipts). Good luck !

**PUBLIC SCHOOL CHILDREN**—Parents of public school children in grades one through eight can enroll in the 2021-2022 Wednesday Night Religious Education Program by calling John Sondag at 612-275-0431. You can still register for this program which began this past Wednesday, September 8, and is held in the school at 6:45 P.M.

**THE 2021-2022 CONFIRMATION PROGRAM**—Children in St. Helena parish in the eighth grade (and high school, if they have not yet been Confirmed) will receive the sacrament of Confirmation next May 5, 2022. If you are not in St. Helena grade school, please enroll now in the 2021-2022 Confirmation Program (which began this past Wednesday, September 8) to prepare for the sacrament by calling John Sondag (612-275-0431). It's not too late.

**MAKE A PILGRIMAGE TO OUR LADY OF GUADALUPE SHRINE IN LACROSSE, WISCONSIN—SATURDAY, OCTOBER 2**—The Church of St. Helena will charter a bus for a day-long pilgrimage to the Shrine of Our Lady of Guadalupe in La Crosse, Wisconsin, on Saturday, October 2. We will leave St. Helena parking lot at 7:00 am and return to St. Helena parking lot at 7:00 pm. The cost is \$25 per person which includes the bus ride plus a light meal at lunch. A family rate is \$75, however, scholarships are available for those who have difficulty paying by calling 612-275-0431. No one will be deprived of this pilgrimage because of finances. To make reservations, please call 612-729-7321.

**PARTICIPATE IN THE ARCHDIOCESAN SYNOD SESSIONS AT ST. HELENA**—If you would like to share your thoughts as to how the Archdiocese might spread and teach the Faith, participate in the six sessions in preparation for the Archdiocesan Synod at the Church of St. Helena on Thursday, September 23, 30, October 7, 14, 21, and Monday October 25, at 7:30 pm in Rowan Hall. Pre-registration is requested by calling John Sondag at 612-275-0431.

**DOUGHNUTS AND COFFEE ON THIS SUNDAY MORNING—CARAMEL ROLLS ON NEXT SUNDAY FOR AUTUMN DAZE** —Come to Doughnuts and Coffee on Sunday morning downstairs in Rowan Hall after the 8:30 and 10:00 A.M. Masses. But, next Sunday, we will have Caramel Rolls under the Big Tent for Autumn Daze.

**DO YOU KNOW ANYONE INTERESTED IN BECOMING A CATHOLIC?**—Please let that individual know that the Church of St. Helena will again offer a program that prepares people to become Catholic. It begins this Fall on Tuesday, September 28, at 7:30 P.M. in the Parish Office Building. To take the program does not mean that you must become a Catholic. Also, if Tuesday evenings are impossible to make, another time can be arranged. For more information, call Fr. Daly or John Sondag at 612-729-7344.

**PARISHIONERS WHO ARE IN NEED OF HELP?**—If you are a parishioner who might be out of work, sick and unable to work, or struggling because of financial difficulties or other problems, you can receive help from the parish St. Vincent de Paul Conference which reaches out to individuals and families in the parish who are having difficulties. (If you let the conference know of your need, your name will be kept

confidential.) For more information or to give the conference your name and need, please call John Sondag at 612-275-0431.

**BECOME PART OF THE ST. VINCENT DE PAUL CONFERENCE**—You can assist needy families and individuals by being part of the St. Vincent de Paul Conference in the parish by coming to the next meeting on Thursday, September 23, at 6:30 P.M. in the Parish Office Building. For more information, call John Sondag at 612-275-0431.

**BE A WINNER OF AN EARLY BIRD DRAWING**—You are eligible if you bring your two sold books of raffle tickets to the Parish Offices before Monday, September 13, at 9:00 P.M. The winner receives a \$25 certificate from Carbone's Pizzeria..

**DISCOUNTED QUILT BINGO TICKETS**—Buy advance discounted tickets for Quilt Bingo for only \$12 a session of 10 games. The regular price is \$15 for a session on 10 games. Purchase the discounted tickets from the Parish Offices.

**"AUTUMN DAZE" BAND PRACTICES**—If you are young or old and can play a band instrument, you are invited to march with the St. Helena Marching Band in the "Autumn Daze" Parade on Saturday morning, September 18. Practice is scheduled for this Monday, September 13, in Rowan Hall from 7:00 to 8:00 P.M. For information, call John Sondag at (612-275-0431).

**SAVE MONEY WITH PRE-SALE RIDE TICKETS FOR FESTIVAL**—Purchasing pre-sale ride tickets in the back of church, the school, or the Parish Offices. A sheet of 8 tickets is \$20. Each pre-sale ticket is worth one ride.

**CASES OF POP FOR "AUTUMN DAZE"**—You can donate cases of cans of pop (Pepsi, Diet Pepsi, Mountain Dew, Sierra Mist, and Minute Maid Lemonade). If a store has a sale on pop, pick up some cases for the "Autumn Daze" Festival. Bring the pop to the Parish Offices.

**WANTED: ITEMS FOR THE GENERAL STORE BONANZA**—Give the following items to General Store Bonanza at the festival: bottles of merchandise (such as detergent, syrup, and orange juice) or canned goods or dry goods. Please bring them to a designated area in back of church or the Parish Offices. Items should not have expiration date before October 31, 2021.

**DO YOU HAVE A PICK-UP TRUCK?**—The festival is need of drivers of pick-up trucks to transport prizes, festival items, and stands on this Wednesday afternoon at 1:00 P.M., Thursday evening at 6:00 P.M., Friday afternoon at 1:00 P.M., and Sunday evening at 5:00 P.M. If you can help, please call 612-275-0431.

**AUTUMN DAZE FESTIVAL  
ONE WEEK AWAY—  
SEPTEMBER 17, 18, & 19  
WE STILL NEED VOLUNTEERS!  
www.sainthelena.us and click on "Autumn Daze"**



**SCRIPTURE # 1179**

**Is 50:5-9a  
Jas 2:14-18  
Mk 8:27-35**

**MASS INTENTIONS**

**8:00 AM**

- Monday** † **Peter Heinen, Sr.**
- Tuesday** † **Sandy Relyea**
- Wednesday** † **Jeanne Lavalle**
- Thursday** † **Andrew & † Donna Pukay**
- Friday** † **Ralph Douglas**
- Saturday** † **Margaret St. Aubin**

**SACRISTY LINENS—Krysta Niznick**

**WEEKLY SCRIPTURE READINGS**

- Sept 13:** Tm 2:1-8, Lk 7:1-10
- Sept 14:** Nm 21:4b-9, Phil 2:6-11, Jn 3:13-17
- Sept 15:** 1 Tm 3:14-16, Jn 19:25-27  
or Lk 2:33-35
- Sept 16:** 1 Tm 4:12-16, Lk 7:36-50
- Sept 17:** 1 Tm 6:2c-12, Lk 8:1-3
- Sept 18:** 1 Tm 6:13-16, Lk 8:4-15
- Sept 19:** Wis 2:12, 17-20, Jas 3:16—4:3,  
Mk 9:30-37

**PARISH CALENDAR**

**September 13—September 20**

**September 13**

-Autumn Daze Band Practice, Rowan Hall, 7:00 pm

**September 14**

**September 15**

-Rel. Ed. & Conf. Class, School, 6:45 pm

**September 16—** Autumn Daze Set-Up

**September 17**

**“Autumn Daze,” 5:00 pm—10:00 pm**

-Women's Prayer Group, Church, 8:30 am

-Adoration, Church, 9:00 —5:00 pm

-Fireworks in Northrop School playground, 10:00 pm

**September 18 -**

”Autumn Daze” parade, 10:00 am

-“Autumn Daze,” 10:30 am—10:00 pm

-Confession, Church, 3:00 pm

-Mass, Church, 4:00 pm

**September 19 -**Mass, Church, 8:30 am & 10:00 am

**“Autumn Daze,” 10:30 am—5:00 pm**

**September 20**

**Daily Mass, Monday-Saturday, Church, 8:00 am**  
**Confession, Mon.-Sat., Church, 8:30 am —9:00 am**

**FR. DALY BREAD – Catholic Culture**

We just finished our first week of school and first week of faith formation on the Birthday of Mary (September 8)! What a gift to hear the hallways filled with the laughter and love of children. I'm also excited to experience for the first time our famous Autumn Daze Festival and see the impact of our Catholic culture on South Minneapolis. Pope St. John Paul II chose **culture** to fight "the system" in Poland and the world by using **culture** to build the living Church through evangelization. The heart of the Gospel makes demands on our **culture**, but with a great promise - *I came so that they might have life, and have it more abundantly* (John 10:10)! *What profit is it to gain the world but lose your soul?* (Mark 8:36) Origen goes on to say, "for what profit is it to you, if Christ came once in the flesh, unless he also comes into your soul?"

George Weigel says that "**Culture** was, is, and always will be the most dynamic force in history, allowing us to resist tyranny and inspiring us to build and sustain free societies. At the center of culture is cult, or religion: what people believe, cherish, & worship. [Culture is] what people are willing to stake their lives, and the children's lives, on." So what culture will we immerse ourselves in and build today (secular, relativist, communist, or Catholic)? It depends on what we worship...or *who* we worship (self, the rich and famous, the powerful, or Jesus). Come, Lord Jesus!

In Christ,  
Fr. Michael

**SAFE ENVIRONMENT UPDATE—**All volunteers who have regular interaction with youth and vulnerable adults need to be certified under the Archdiocesan Safe Environment standards. Together we can work to protect God's children and the most vulnerable among us. Thank you for your shared commitment to the achievement of this goal. In addition, the Archdiocesan Victim Assistance line is 651-291-4475.

**NATURAL FAMILY PLANNING (NFP)—**Classes teach couples the Church approved methods on how to achieve or postpone pregnancy while embracing the beauty of God's gift of sexuality. For a complete list of classes offered throughout the Archdiocese, please visit: [archspm.org/family](http://archspm.org/family) or call 651-291-4489.

**BUSINESS HOURS—REMINDER—**The Parish Offices are open Monday through Thursday, 9:00 A.M. to 3:00 P.M. and on Friday from 9:00 A.M. to 12:00 Noon.

**PRAYER CORNER**

Lord, we humbly ask for your goodness. May you help us to hope in you, and give us a share with your chosen ones in the land of the living.