

## Parish Staff

### Pastor

Rev. Richard Villano 729-7344

### Director of Pastoral Care

Virginia Tschida 729-7344

### Director of Religious Education

John Sondag 729-7321

### Religious Education Secretary

Nancy Stauner 729-7321

### Director of Music

David Bartlett 651-239-6914

### School Principal

Ellen Rian 729-9301

### Parish Secretary

Elaine Bruce 729-7344

### Business Manager

Joel Swanson 729-7322

## Sunday Mass

Saturday 4:00 P.M.

Sunday 8:30 and 10:00 A.M.

## Daily Mass

Monday through Saturday 8:00 A.M.

## Holy Day Mass

Evening Before 5:30 P.M.

Holy Day 8:00 and 10:00 A.M.

## Sacrament of Penance

Saturday 3:00–3:30 P.M.

## Sacrament of Baptism

A Baptism Preparation Program is required for all registered first-time parents. Please call the Director of Pastoral Care.

## Sacrament of Marriage

The bride or groom must be an active registered parishioner for at least six months prior to scheduling a wedding at St. Helena.

## Nursery

Services available during the 10:00 A.M. Sunday Mass.

## Parish Registration

To register in the parish, please fill out a registration form and return to the Parish Office. Registration forms are available at the entrances of the Church. Return completed form to the Parish Office.

**Email:** [church@sainthelena.us](mailto:church@sainthelena.us)

**Website:** [www.sainthelena.us](http://www.sainthelena.us)

# The Church of St. Helena

**Pentecost Sunday**  
**May 23, 2021**

*“But when he comes, the Spirit of truth, he will guide you  
to all truth. He will not speak on his own, but he will  
speak what he hears, and will declare to you the things  
that are coming.”*

-Jn 16-13



3204 E 43rd St • Minneapolis, MN 55406-3858 • (612) 729-7344

## THE WORD

"Cancel Culture" is a movement whereby in its radical form the culture and history of today is replaced with a new history that ignores the truth. History books, art, movies, and music contrary to the values of a certain mindset are erased. Statues are debased, books are burned, written history is changed, and music with certain lyrics is banned in order to disorient the populace.

Certain historical persons and their words are destroyed, the memory of them is obliterated along with the desire to remember them. History is no longer grounded in the truth.

In recent months we've witnessed the "Cancel Culture" in full swing, but it's not new. The French Revolution, Nazi Germany, and the Communist Revolution in Eastern Europe, China, and Southwest Asia used various versions of "Cancel Culture," and it's wrong, wrong, wrong!

Why? Because it opposes that which is true, and for that reason the Catholic Church opposes it. We need to have the freedom to pursue the truth, because that openness will lend itself to the discovery of God, Who is the Source of all truth. And that same freedom also allows for the proclamation of the Gospel as the fulfillment of that which is naturally true.

In Sunday's Gospel for the Feast of Pentecost, we see the Apostles being given the Gift of the Holy Spirit to proclaim the message of Jesus Christ to the whole world. And, we

know that event was the birthday of the Catholic Church. From that day onward, the Apostles went throughout the world bringing the message that eternal salvation was found in Jesus' death and resurrection.

And the believers of that message were to have the freedom to build a culture based on those things which were true, good and beautiful. Throughout history, many mistakes were made (for which we need God's mercy), but the Church officially continued to proclaim that we were to promote a culture that was based on the natural law and the truth.

That's our responsibility today. As believers we are to establish a society based on the dignity of the human person, the values of marriage and family, and just laws with civil order. We are to pursue the truth of science, history, and natural philosophy, and we are to promote beautiful art, music and literature.

That's our job as the laity in the Church along with giving witness to and proclaiming the message of Jesus Christ and His Church. What a task! But the Holy Spirit has been given to us in the sacrament of Confirmation to energize us and to give the wisdom and courage to spread and defend the Faith by our words and deeds. To our dying breath, we have a purpose and mission to accomplish!

John Sondag, Director of Religious Education

## PASTOR'S REMARKS

1) The Parish Offices will be closed on Friday, May 28, and Monday, May 31, in observance of Memorial Day.

2) *Whatever you do, whether in speech or in action, do it in the name of the Lord Jesus. Give thanks to God the Father through him.*  
Colossians 3:17

**FOOD SHELF**—Thank you for your generosity to our local food shelf. Summer will soon be here and children will be out of school. So many of our children depend on school breakfast/lunch program so here are a few ideas for the food shelf. Granola bars, fruit snacks, cereal, juice boxes, lemonade and drink mixes, crackers, snacks, peanut butter and jelly along with all the other items you have been donating. Paper products and personal items like shampoo and toothpaste are also some great ideas. It is all so appreciated. *"It's not how much we give but how much love we put into giving."* St. Teresa of Calcutta

**BETHANY HOUSE SUMMER PROGRAM**—June 12 through August 7, 2021—currently accepting applications! Bethany House is a place, set apart, with an environment of support and encouragement for Catholic women as they intentionally discern consecrated life. The women live in community, pray together, have meals together, host Religious Sisters and participate in a discernment book study during the program. Visit: [1000vocations.org](http://1000vocations.org)

**SAFE ENVIRONMENT UPDATE**—All volunteers who have regular interaction with youth and vulnerable adults need to be certified under the Archdiocesan Safe Environment standards. Together we can work to protect God's children and the most vulnerable among us. Thank you for your shared commitment to the achievement of this goal. In addition, the Archdiocesan Victim Assistance line is 651-291-4475.

**ARE YOU CLEANING YOUR ATTIC, BASEMENT, OR GARAGE?**—Donate good, used furniture and household items to the "Autumn Daze" Festival for the Auction, Attic Treasures, and some of the other booths. Bring the items to the Parish Offices after June 1, or call 612-275-0431 to have them picked up. (No clothes, stoves, electronic musical organs, refrigerators, exercise equipment, or couches, please.)

**DISCERNING PRIESTHOOD?**—Those discerning priesthood who would like to discuss next steps are invited to contact Vocations Director Father David Blume. Father Blume is currently meeting with men applying to be considered for acceptance as Archdiocesan seminarians for fall 2021. You may reach Father Blume at 651-962-6890, or [frblume@stthomas.edu](mailto:frblume@stthomas.edu).

**GIFT CARDS TO A RESTAURANT**—Give gift cards to the "Autumn Daze" Festival. Bring cards to Parish Offices.

**IF YOU CANNOT RECEIVE HOLY COMMUNION DURING THIS TIME OF THE CORONAVIRUS, YOU CAN MAKE A SPIRITUAL COMMUNION:**

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

**SPIRITUALLY ADOPT A PERSON WHO'S DYING ALONE OR WITHOUT THE SACRAMENTS—**

Some people are dying alone from the Coronavirus. Through your prayer, spiritually adopt a person somewhere in the world who may have no family or friends to be with them at the moment of death or perhaps who is unable to have the sacraments of the Church.

**ARE YOU INTERESTED IN BECOMING A CATHOLIC?—**

The Church of St. Helena offers a program that prepares people to become Catholic. It's held on Tuesday evenings at 7:30 P.M. in the Parish Offices. If Tuesdays are impossible for any individual, another time can be negotiated. For more information, call John Sondag at 612-275-0431.

**GRADE SCHOOL CHILDREN—VACATION RELIGION PROGRAM—JULY 12 TO 16—**

Children who are entering kindergarten through eighth grade can be part of the annual Vacation Religion Program in Rowan Hall scheduled for Monday, July 12, to Friday, July 16, from 8:30 to 11:30 A.M. The program will include prayer, instructional time, group activities and projects, Scripture, stories of saints, songs, drama, prizes, and more. There will also be a short recreation period each morning, and there will be refreshments for students each day. The charge is only \$20 per child or \$50 per family, however, no child will be deprived of this program because of finances. The Missionaries of Charity (the Sisters of St. Mother Teresa of Calcutta) will again be helping us for this program. Covid-19 protocols will be followed. To register or to receive more information, call John Sondag (612-275-0431).

**VOLUNTEER WEEKEND—"AUTUMN DAZE" FESTIVAL—**

This weekend, May 22 and 23, is Volunteer Weekend for the "Autumn Daze" Festival scheduled for September 17, 18, and 19. You may sign up for Children's Games, Games of Skill, Games of Chance, Food Booths, Auction, Baskets, Miscellaneous Booths, Bingo, Set-Up and Clean-Up, Decorations, and much more. Even if you are going to be gone on that weekend, we need many volunteers to help with projects for the festival which take place before and after the event. Questions: call 612-275-0431.

**DEADLINE: THIS THURSDAY, MAY 27: BUTTON LOGO CONTEST—**

You can win prizes in the Button Logo Contest for the 2021 "Autumn Daze." See the contest entrance blank in the bulletin or call 612-275-0431 for a set of rules. Adults and children can enter. Entries must be submitted by this Thursday, May 27, at 8:00 P.M.

**IF YOU ARE A PARISHIONER WHO NEEDS HELP—**

Parishioners who might be out of work, sick and unable to work, or struggling because of financial difficulties or problems can receive assistance from the St. Vincent de Paul Conference in the parish which reaches out to individuals and families in the parish who are having difficulties. (Your name will be kept confidential.) If you need more information or help, please call John Sondag at 612-275-0431.

**IF YOU HAVE QUESTIONS ABOUT THE CATHOLIC FAITH—**

The Church of St. Helena offers a program that helps people to know more about the Catholic Faith and have their questions answered. For more information, call John Sondag at 612-275-0431.

**HELP THE NEEDY THROUGH THE ST. VINCENT DE PAUL CONFERENCE—**

The St. Vincent de Paul Conference in the parish reaches out to individuals or families who need assistance. Conference members visit their homes to assess how they can be of service and in a very personalized and confidential way give them help. The next meeting is Thursday, May 27, at 6:30 P.M. in the Parish Offices. For more information, call John Sondag at 612-275-0431.

**ENRICH YOUR CATHOLIC FAITH—**

You can bolster and enliven your faith by purchasing and listening to some CDs displayed at the handicap entrance to the church. As we continue to have limited in-person events, this may be a good time to deepen our reflection on Christ, His teachings, and the teachings of the Church.

**PRAY THE VIRTUAL ROSARY—FRIDAY EVENINGS AT 7:00 P.M.—**

You can pray the Rosary with parishioners on Fridays at 7:00 P.M. Call 612-275-0431 to get the Zoom ID and Password.

**SUMMER FESTIVAL SALE—**

Go to [www.sainthelena.us](http://www.sainthelena.us) and click on Summer Festival Sale to discover many household items, furniture, toys, and more being sold by Autumn Daze.

**WAYS TO WATCH/LISTEN TO MASS—**

For ways to watch or listen to Mass, visit: [archspm.org/live](http://archspm.org/live).

**BAPTISM—**

A Baptism Preparation Program is required for all registered first-time parents. To register for the class, please call Virginia, the Director of Pastoral Care, at 612-729-7344.

**"AUTUMN DAZE" FESTIVAL  
SEPTEMBER 17, 18 & 19, 2021**

**LOOKING AHEAD:**

- Memorial Day Observed is May 31.
- 8th Grade Graduation Mass will be June 6.
- Father's Day is June 20.

**SCRIPTURE # 1099**

**Acts 2:1-11**  
**1 Cor 12:3b-7, 12-13**  
 or **Gal. 5:16-25**  
**Jn 20:19-23**  
 or **Jn 15:26-27; 16:12-15**

**MASS INTENTIONS****8:00 AM**

<b>Monday</b>	† Kathryn O'Neill
<b>Tuesday</b>	† Sharon Christopher
<b>Wednesday</b>	† Marie Nelson
<b>Thursday</b>	† Kenneth Dalen
<b>Friday</b>	† Hanna Sheffield
<b>Saturday</b>	† George Nerhiem, Jr.

**SACRISTY LINENS—Ann Holleschau****WEEKLY SCRIPTURE READINGS**

- May 24:** Gn 3:9-15, 20 or Acts 1:12-14,  
Jn 19:25-34
- May 25:** Sir 35:1-12, Mk 10:28-31
- May 26:** Sir 36:1, 4-5a, 10-17, Mk 10:32-45
- May 27:** Sir 42:15-25, Mk 10:46-52
- May 28:** Sir 44:1, 9-13, Mk 11:11-26
- May 29:** Sir 51:12cd-20, Mk 11:27-33
- May 30:** Dt 4:32-34, 39-40, Rom 8:14-17,  
Mt 28:16-20

**PARISH CALENDAR***May 24—May 31***May 24****May 25**

-School Mass with Archbishop Hebda, Church,  
10:00 am

**May 26**

-Religious Education Program, Rowan Hall, 6:45 pm  
 -Confirmation Program, Parish Offices, 6:45 pm

**May 27**

-St. Vincent de Paul Mtg., Parish Offices, 6:30 pm  
 -Festival Exec. Committee Mtg., Parish Offices,  
7:30 pm

**May 28****-Parish Offices Closed**

-Virtual Rosary, 7:00 pm

**May 29**

-Mass, Church, 4:00 pm

**May 30**

-Mass, Church, 8:30 am & 10:00 am

**May 31—Memorial Day****-Parish Offices Closed**

*Daily Mass, Monday-Saturday, Church, 8:00 am*

**ARCHDIOCESAN MARRIAGE DAY**—Saturday, June 5, 10:00 A.M., at the Cathedral of Saint Paul. This celebration includes Mass, renewal of vows, and a short reception. Couples celebrating their silver and golden anniversaries will be honored in a special way. Families and friends of all couples are welcome! Registration for in-person participation is required by contacting 651-291-4488. Social Distancing will be observed. Couples married one year or more may request a commemorative certificate signed by Archbishop Hebda. To request a certificate, please contact the Office of Marriage, Family & Life by May 30 at 651-291-4488 or visit: [mfl@archspm.org](mailto:mfl@archspm.org).

**ARCHBISHOP FLYNN CATECHETICAL INSTITUTE**—Applications Available for Class of St. Joseph on Mondays, 7:00-9:00 P.M. at Transfiguration, Oakdale and other satellite sites. Ever wonder what God has planned for your life? This fall, the Archbishop Flynn Catechetical Institute will offer the two-year Pillars Program in person at Transfiguration Catholic Church in Oakdale and at various Catechetical Institute (CI) Satellite Sites, where students will participate in the small group dynamic and gather together to watch the lectures via live stream. Taught by some of the best instructors in the Twin Cities, such as Bishop Andrew Cozzens, Jeff Cavins, Deacon Joe Michalak, Deacon Dan Gannon, Fr. John Klockeman, Dr. Todd Flanders, Christina Smith, Liz Kelly, and more, the CI: Pillars Program follows the four pillars of the Catechism of the Catholic Church and will make sense of all things Catholic, deepen your faith, and layout the roadmap to Heaven. Applications are now being accepted for the Class of St. Joseph. For more information, CI: Satellite Sites locations, and an application, visit [semssp/ci](http://semssp/ci) or call (651) 962-5072.

**ARCHBISHOP FLYNN CATECHETICAL INSTITUTE—SCHOOL OF DISCIPLSHIP**—Tuesdays, June 22-August 3 and Saturday, September 25 at St. Vincent de Paul, Brooklyn Park or via Livestream. Taught by Jeff Cavins, this course is open to all adults and teaches the basics of discipleship, how to share your faith with confidence, and how to cultivate a deeper life of prayer. In this 7-week course, students become “activated disciples” and embark on a guided 40-day discipleship challenge to help put what they learn into practice. The course culminates with an interactive seminar with Dr. Mary Healy. The cost for the course, materials, and seminar is \$125. Sign up with a friend and get a discount! For more information visit [semssp/ci](http://semssp/ci)

**NATURAL FAMILY PLANNING (NFP)**—Classes teach couples the Church approved methods on how to achieve or postpone pregnancy while embracing the beauty of God’s gift of sexuality. For a complete list of classes offered throughout the Archdiocese, please visit: [archspm.org/family](http://archspm.org/family) or call 651-291-4489.

**DEADLINE FOR BUTTON LOGO CONTEST FOR “AUTUMN DAZE” IS THURSDAY, MAY 27**